

Family Walks Torbay - Anstey's Cove

Information

Distance: 2.3 kilometres

Mud factor: woodland path, road and meadow (muddy in winter)

Parking: Anstey's Cove car park (CCTV, charges)

Toilets: Meadfoot Sea Road TQ1 2LQ

Features: pebble beach, woodland walk, play area, cafe

Pushchair: No

Refreshments: Wellwood Village or the community cafe by the park

Take care: some steep cliffs

Instructions

1. From the car park cross the road, take the path into the woods.
2. Follow the woodland path for 1.2 km until you come to a road.
3. Turn right and follow the road downhill past the houses.
4. Cross two other roads then enter the meadow.
5. Enjoy the cafe and play park (Wellwood shops are up the road).
6. Cross the meadow back to your car.
7. For additional fun, take the steep slope down to Anstey's Cove.

Team Time



1. Look after your team
2. Wave at the waves
3. Smell the wild leeks
4. Run across the grass

Walking Games

Ship, Dip, Kip

1. Look for ships (boats), dips (swimmers) and kips (snoozers).
2. As soon as you can see all three shout, 'Ship, dip, kip!'
3. Show everyone else where your ship, dip and kip are.
3. Give yourself a point then start again.

Rule: You can only use each ship, dip or kip once.

Features



