

Family Walks Torbay - Berry Head

Information

Distance: 3 kilometres

Mud factor: paths and grass

Parking: Berry Head car park TQ5 9AW (charges)

Toilets: Berry Head car park

Features: fort, lighthouse, cannons, views, cafe

Game: 'Spin East'

Pushchair: Yes

Refreshments: The Guardhouse Cafe

Take care: steep unfenced cliffs

Instructions

1. From the toilets take the path that heads towards the trees.
2. Follow this path around through the woods.
3. Enter the first fort through the main gateway.
4. Walk up to the lighthouse and enjoy the sea views.
5. Keep to the left and explore as you head back towards the cafe.
6. Return through the main gate and turn left towards the second fort.
7. Go through the gateway of the second fort.
8. Explore the buildings then head back out of the gate.
9. Bear left to return to the car park.

Team Time



1. Look after your team
2. Find the cannons
3. Take a lighthouse selfie
4. Watch out for dolphins

Walking Games

Spin East

A caller shouts a compass direction. Everyone else has to perform the corresponding action.

North - jump three times with your hands above your head

East - spin clockwise three times

South - touch your toes three times

West - spin anti clockwise three times

For a trickier game try calling 'southwest' or 'northeast' and putting two actions together.

Features



